

Volunteer Roles At Colac Area Health



Introduction

Welcome to Colac Area Health, where our dedicated volunteers play a crucial role in enhancing community wellbeing. Our volunteers engage in diverse activities that significantly improve the quality of life for our clients, their caregivers, and families. At the heart of our mission is a commitment to a holistic approach; our volunteers complement the clinical care provided by our qualified staff, ensuring that every interaction is infused with empathy, understanding, and genuine care.

Art Cart Volunteer (new in 2024)

The Art Volunteer at Colac Area Health's Acute Ward significantly contributes to patients' well-being by conducting 1:1 mini art sessions, distributing a mobile art trolley with diverse materials, fostering creative expression, relaxation, and personal growth.

Bereavement Support

This Volunteer ensures inclusive and timely bereavement support for families within the Community Palliative Care (CPC) service, irrespective of demographic factors, following the loss of a loved one.

Bereavement training required.

Cook – Friday Lunch Program

Birregurra Community Health Centre Volunteer Cooks play a vital role in ensuring the success of the Birregurra Lunch Program by planning, preparing, and serving nutritious meals for the community each Friday.

Colac Area Health Foundation

The aim of this volunteer position is to support the Colac Area Health Foundation in organising and executing successful fundraising events and providing administrative assistance.

Concierge

The primary goal of the Colac Area Health Concierge position is to provide valuable volunteer support to the public, ensuring a warm and welcoming experience when they visit the hospital. By offering personal assistance and guidance, the aim is to alleviate any potential stress associated with their visit.

Consumer Representatives – Committees

Community Representatives on our committees play a crucial role by sharing first-hand experiences with our health service. A Consumer Representative actively contributes to decision-making, service planning, and improvement, bringing valuable patient, carer, and community perspectives to committees such as the Consumer Governance Committee and Community Advisory Committee.

Corangamarah Lifestyle Volunteer

The Lifestyle Volunteers at Colac Area Health play a crucial role in assisting staff with recreational activities tailored for Aged Care Residents. They provide dedicated support, preserving both their independence and emotional wellbeing through thoughtful engagement and companionship.

Do Care 1:1 Visitors

Our dedicated volunteers reach out to community members aged 65 and older who may be experiencing isolation. They offer friendly visits to provide companionship and support, creating meaningful connections and brightening the days of those who may be feeling lonely.

Commitment is at least 1 hour per week.

Eye Surgery Day Companion (new in 2023)

The Eye Surgery Day Companion Volunteers provide care to cataract surgery patients by offering companionship, refreshments, and assistance during their journey from the Day Surgery Ward to the Community Services building.

Operates on a fortnightly roster, Mondays 9:30am-12:00pm

Festive Volunteers (new in 2023)

The Festive Volunteer positions include Santa's Little Helpers and Easter Eggcellent Volunteers at Colac Area Health. These are an opportunity to spread holiday cheer, provide companionship, and support the community during the festive seasons.

Frank Minchinton Centre (FMC)

The volunteers at the Frank Minchinton Centre (FMC) play a vital role in offering comfort, care, and creating a supportive environment to ease the challenges of cancer treatment for patients and their families.

Gardening Group

The Volunteer Gardeners at Colac Area Health enhance the aesthetic appeal of organisation's numerous garden areas, fostering social connections among staff, clients, and visitors in a natural setting.

Meet fortnightly on rotating Tuesdays & Thursdays

Maintenance

Dedicated maintenance volunteers at Colac Area Health, including Miller House and Neighbourhood House, utilise their expertise to actively contribute to the organisation's holistic upkeep, engaging in the construction and fabrication of items for diverse departmental projects.

Miller House

The Social Support Program's volunteer role involves fostering wellness and independence by facilitating engaging activities, outings, and planned respite, creating a supportive environment that enhances self-esteem, belonging, and companionship for participants, while providing caregivers with a break from their responsibilities.

Neighbourhood House

Neighbourhood House volunteers play a crucial role by supporting diverse projects, from administration to program assistance, including roles like Neurodiverse Youth Program Assistant and Talking English, contributing to the creation of social connections, friendships, and active engagement in a variety of activities.

Nurturing Touch

Nurturing Touch volunteers offer soothing hand massages to patients, aiming to create a pleasant, relaxing experience, alleviate pain, enhance trust, and contribute to a holistic patient experience.

Massage experience required or willing to obtain.

Palliative Care Volunteer

Palliative Care Volunteers offer meaningful companionship, emotional, and spiritual support to both the Palliative Care Client and their family in the comfort of their home, providing a caring presence during challenging times.

Palliative Care Training is required to fulfil this role and is delivered by South West Healthcare over 6 weeks.

Transport Drivers

The Volunteer Drivers provide invaluable assistance by ensuring clients receive reliable transportation to and from their medical appointments as an integral part of their healthcare.

Unrestricted drivers licence required.